

Meeting of  
September 2018

**DiABETES UK**  
**KNOW DIABETES. FIGHT DIABETES.**

**SWINDON GROUP**



The next meeting of the Swindon Group of Diabetes UK will be held on **Tuesday 4<sup>th</sup> September at 7.15 pm** at the Broadgreen Centre, Salisbury Street, Swindon.

The theme will be the Diabetes UK book “**100 Things I wish I had Known - Hints and Tips**”, written by people living with diabetes for people living with diabetes and covering everything from going on holiday to eating out, working out and managing diabetes with work, relationships and more. It is packed full of useful tips and handy hints for every part of life with diabetes.

Admission is **free** to anyone interested in diabetes and its management. A selection of **Information Leaflets** will be available, as will loans from the Group’s library of diabetes **Reference Books**.

Light refreshments will be served.

Further details are available from Matthew Spencer on **851229** or via <http://swindon.diabetesukgroup.org> or at [www.swindondiabetes.co.uk](http://www.swindondiabetes.co.uk).

DIABETES UK is the operating name of the **BRITISH DIABETIC ASSOCIATION**  
A charity registered in England and Wales (no. 215199) and in Scotland (no. SC039136)