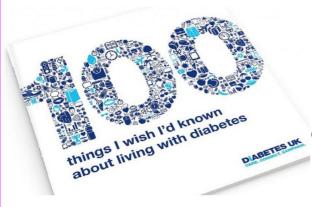
Meeting of September 2018

DABETES UK KNOW DIABETES. FIGHT DIABETES.

SWINDON GROUP



The next meeting of the Swindon Group of Diabetes UK will be held on **Tuesday**4th **September** at **7.15 pm** at the Broadgreen Centre, Salisbury Street, Swindon.

The theme will be the Diabetes UK book

"100 Things I wish I had Known - Hints and Tips",
written by people living with diabetes for people
living with diabetes and covering everything from
going on holiday to eating out, working out and
managing diabetes with work, relationships and
more. It is packed full of useful tips and handy hints
for every part of life with diabetes.

Admission is **free** to anyone interested in diabetes and its management. A selection of **Information Leaflets** will be available, as will loans from the Group's library of diabetes **Reference Books**.

Light refreshments will be served.

Further details are available from Matthew Spencer on **851229** or via http://swindon.diabetesukgroup.org or at www.swindondiabetes.co.uk.

DIABETES UK is the operating name of the **BRITISH DIABETIC ASSOCIATION**A charity registered in England and Wales (no. 215199) and in Scotland (no. SC039136)