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Date: 16<sup>th</sup> January 2019

**Swindon Healthcare Professionals**

Dear Colleagues

**Re: Diabetes HCP Education in Swindon 2019**

I am pleased to inform you of the following diabetes education for healthcare professionals in Swindon, 2019.

1. **Bi-monthly Swindon Diabetes Education Forum** – (organised by the Swindon Community Diabetes Service)  
These evening events are for GPs, Practice Nurses, Pharmacists, Primary and Secondary Healthcare Professionals. They normally include one topic related to diabetes and will take place on the following dates:  
17<sup>th</sup> January  
12<sup>th</sup> March  
16<sup>th</sup> May  
17<sup>th</sup> July  
12<sup>th</sup> September  
12<sup>th</sup> November  
The venue is The Holiday Inn, Swindon SN3 6AQ, 6.30 – 8.30 pm. Buffet is provided from 6.15pm.  
To register, please contact Swindon Community Diabetes Service at [Rosemary.Wood5@nhs.net](mailto:Rosemary.Wood5@nhs.net).
2. **Swindon Diabetes Update for Primary Care 2019** – (organised by the Swindon Community Diabetes Service)  
This is scheduled for 7<sup>th</sup> November 2019 and is a full day from 10am – 5pm with several lectures and updates on diabetes care. The agenda for the event will be released at a later date but for more information please contact the Swindon Community Diabetes Service via [SWICCG.CommunityDiabetesService@nhs.net](mailto:SWICCG.CommunityDiabetesService@nhs.net) or [Rosemary.Wood5@nhs.net](mailto:Rosemary.Wood5@nhs.net).
3. **Diabetes Training Days for GPs, Practice Nurses, Pharmacists** – (organised by Swindon GP Education Trust, facilitated by Dr Vladimir Vaks, lead consultant in community diabetes)  
This year's training day will be dedicated to antidiabetes therapies and insulin in type 2 diabetes management. The event is mainly for healthcare professionals who are already involved in diabetes care with basic knowledge on antidiabetes drugs and insulin.  
This is scheduled for 23<sup>rd</sup> May 2019 from 9am – 5pm. The venue is Swindon Town Football Club, County Road, Swindon SN1 2ED. To book your place please email [kim.taylor18@nhs.net](mailto:kim.taylor18@nhs.net). A flyer attached.

#### 4. **Community Diabetes Consultant/Community DSN Practice-based Education Visits**

As part of the community diabetes service we continue to offer these visits to all practices in 2019. For more information please see the attached information letter on Community Consultant Practice-based Education Visits. These sessions can vary in duration from 1 – 4 hours and can be run in the following ways:

- Virtual discussion (virtual clinics)
- Joint mentored clinics
- Joint clinic to see complex/difficult to engage patients
- Topic discussion/seminars/workshops/updates in diabetes
- Sessions for the whole practice
- Combination of topic discussion

To find out more information and book a clinic, please contact Rose Wood by email [Rosemary.Wood5@nhs.net](mailto:Rosemary.Wood5@nhs.net) or contact me by email [Vladimir.Vaks@nhs.net](mailto:Vladimir.Vaks@nhs.net) or mobile 07823 327633. For DSN joint clinics contact Sarah Fitzpatrick by mobile 07979 119974 or email [sarah.fitzpatrick@nhs.net](mailto:sarah.fitzpatrick@nhs.net).

#### 5. **Online Diabetes Education Resources**

There is a large amount of online education resources available on the internet related to diabetes. I would suggest the following:

- **Foot Risk Awareness and Management Education (FRAME)** – a project commissioned by the Scottish Government to enable any healthcare professional to gain knowledge of the theoretical and practical competencies to safely and effectively undertake the task of diabetes foot screening. [www.diabetesframe.org](http://www.diabetesframe.org). The website aims to provide an interactive way of learning and uses animation and case scenarios. There is an assessment involving case scenarios at the end of this module which the learner can opt to undertake and if passed, gives a certificate of completion.
- **The Cambridge Diabetes Education Programme (CDEP)** – website [www.cdep.org.uk](http://www.cdep.org.uk).  
CDEP currently offers 15 topics in no particular order. The following topics include: what is diabetes, hyperglycaemia, hypoglycaemia, oral therapies, injectable therapies, foot care, nutrition, blood glucose and ketone monitoring, promoting self-care, preconception care, screening and early detection of type 2 diabetes, physical activities, managing diabetes in hospital, managing diabetes in residential or nursing homes, carbohydrate counting and insulin injection dose adjustment.  
CDEP is based on the UK national diabetes competency frameworks and offers five levels that healthcare practitioners can register, according to their role, to support validation. To register you can click 'my learning', then sign in to assess my learning. After entering password use the free registration key code **SWCVN**.
- **Diabetes in Healthcare Training Course** – designed by Diabetes UK  
This is an introductory course for HCPs who are not specialists in diabetes but want to know more about the condition. It has been accredited by the Royal College of Nursing. You can attribute everything you learn and the hours you spent completing the course, to your continued professional development. On successful completion you will receive a certificate.
- **Understanding Insulin** – online course at [www.futurelearn.com](http://www.futurelearn.com)  
This is an online course from the University of Southampton. This relates to all things insulin from how it works, side effects, insulin types and guidance on how to prescribe safely.
- **Effective Diabetes Education Now (EDEN)** – online at [www.edendiabetes.com](http://www.edendiabetes.com)

EDEN's e-learning modules offer an interactive platform for healthcare professionals to gain access to EDEN training whenever convenient. All e-learning modules have pre and post module assessments enabling demonstration of any improvement in knowledge. The following modules are currently available; Three Treatment Targets (BP, lipids and glycaemic control), hypoglycaemia, preconception and pregnancy, Safer Ramadan. The following modules are coming soon: Type 1 diabetes, glycaemic management, annual review, diabetes in the older person.

- **Education for Health** – [www.ditaslearning.org](http://www.ditaslearning.org) This offers online learning programme on diabetes injection technique and safety aiming to support HCPs in management and care of people with diabetes who use injectable therapies.
- **DiabetesOnTheNet** – [www.diabetesonthenet.com](http://www.diabetesonthenet.com) This offers the opportunity of high quality diabetes education for HCPs. You can register for face to face events, assess journal content, watch videos and participate in online CPD from leading professional societies.
- **Univadis Diabetes Education Programme** – [www.univadis.co.uk](http://www.univadis.co.uk). This online learning portal was created by MSD in partnership with some of the world's leading medical publishers such as BMJ learning, The Lancet and Elsevier. Univadis benefits from partnerships with key sites such as GP notebook and Trip Database, to ensure the provision of independent and relevant medical information.
- **Medscape** – [www.medscape.com](http://www.medscape.com) This resource for physicians can provide essential information on the latest developments across medicine including diabetes, covering practice guidelines, thought leader perspectives, drug and device announcements, journal articles impacting medical practice, conference news. You can access evidence-based, point of care clinical information including antidiabetes drugs, type 1 and type 2 diabetes management. You could also complete accredited online education with certificates issued.
- **BMJ learning** – <http://learning.bmj.com>. This offers a range of learning modules dealing with everyday issues in primary care, general practice and hospital medicine. You can access the following topics: 1) Quick tips: initiating insulin in type 2 diabetes in primary care; 2) Step by step: how to diagnose and manage type 1 diabetes in adults in primary care; 3) Step by step: preventing diabetes in high risk patients; 4) Clinical pointers: Blood glucose control in type 2 diabetes; 5) Managing adults with diabetes in hospital during an acute illness; 6) Clinical pointers: recognising and managing acute complications of diabetes in adults; 7) Type 1 diabetes in adults: supporting self management; 8) The health benefits of physical activity: diabetes; 9) Ask the consultant: Diabetes; 10) Diabetes: visual loss; 11) Step by step: diabetes in pregnancy.

To find out more information on diabetes education you can visit [www.swindondiabetes.co.uk/Professionals/Diabetes\\_education\\_events\\_for\\_healthcare\\_professionals](http://www.swindondiabetes.co.uk/Professionals/Diabetes_education_events_for_healthcare_professionals).

I hope this information will help you to plan your attendance at Diabetes Education events in Swindon in 2019 and allocate time for self-study on diabetes care, relevant to your needs.

With kind regards.

**Dr Vladimir Vaks MBBS PhD DSc**  
**Consultant Endocrinologist**  
**Lead Consultant in Community Diabetes**