

GP Lead in Diabetes & Practice Managers

15th March 2017

Re: Consultant Diabetes Practice-based Education visits (clinics) 2017-18

We are pleased to offer Consultant Diabetes Practice-based Education visits for 2017-2018.

Practice-based Consultant diabetes sessions are commissioned specifically to build your confidence in caring for patients with diabetes in Swindon. These are offered 2-3 times per year per GP practice as a part of the LES.

Consultant diabetes practice-based sessions can only be offered on **Thursdays and Fridays 9am-1pm**

These consultant practice-based sessions are 4 hours in duration and may be run in the following ways:

- 1) **Virtual discussion** (virtual clinics) of patients (10-15 minute slots) without the patient being present: e.g. next step therapy (insulin initiation, GLP-1 RA, SGLT2 etc), uncertainty about classification of diabetes, HbA1c above 58 mmol/mol on triple therapy) etc.
- 2) **Joint mentored clinics**: GPs select patients to be seen face-to-face, think in advance of learning points, the GP will lead the consultation and receive consultant feedback immediately after the patient has been seen. (40 minute slot)
- 3) **Joint clinic to see complex/unengaged patients** (40 minute slot)
- 4) **Topic discussions/seminars/workshops/updates in diabetes** - running for 1-2 hours with topics to be chosen by the practice, dependent on what GPs/practice nurses would like to learn (requests for such sessions are to be sent to the community diabetes office 6 weeks in advance)
- 5) **Sessions for the whole practice**, looking at QoF improvement indicators, discussion of QoF outliers, local diabetes pathways and guidelines.
- 6) **Combination** of topic discussion (1 hour) following joint clinic.

This year we encourage you to **virtually review all patients with poor diabetes control (HbA1c>75 mmol/mol), and also patients who have been excluded from QoF.** This will help to ensure that all these patients receive an individualised care plan made with diabetes specialist input.

Outcomes from virtual discussions include: referral to diabetes education (DESMOND or SWIFT); weight management; physical activity management; LIFT psychology programme, initiation of injectable anti-diabetes therapy or insulin; referral to community diabetes team or GWH diabetes clinic.

You can identify suitable patients by using Eclipse searches which have been offered to you by the Medicines Optimisation team at Swindon CCG.

Preparation for the joint clinic:

- ✓ The Practice should highlight patients who meet the criteria above; the number of patients will depend on the format of the Clinic.
- ✓ The Joint Clinic Referral Form (attached) should be completed by the Practice with details relating to the patients to be seen/discussed and returned to SCDS **at least 2 weeks prior** to the Clinic.

The following dates are currently available:

Consultant Diabetes Practice-based Education visits (clinics) 2017-18						
Month	Available dates					
Apr	Booked	Booked	Booked			
May	Booked	5th am	booked	booked	booked	
June	booked	booked	booked	booked		
July	Booked	booked	27th am	28th am		
Aug	3rd am	10th am	11th am	17th am	booked	25th am
Sept	7th am	booked				
Oct	5th am	booked	12th am	19th am	booked	26th am
Nov	2nd am	booked	9th am	16th am	booked	booked
Dec	Booked	booked	14th am	15th am	21st am	
Jan	4th am	11th am	booked	18th am	booked	booked
Feb	1st am	8th am	9th am	15th am	22nd am	23rd am
Mar	1st am	15th am	22nd am	23rd am	29th am	

Please note the majority of dates offered are AM

If this is unsuitable, there may be some flexibility

When you find a suitable date from the list above, please contact Rose either by email or telephone to book.

Once dates are allocated, it would be appreciated if you could avoid cancelling them, particularly at short notice.

However, if dates do need to be re-booked, please contact Rose Wood, Swindon Community Diabetes Service administrator, via email rosemary.wood5@nhs.net or on 01793 463840.

With kind regards

**Dr Vladimir Vaks, MBBS (with Hons) PhD DSc
Consultant in Diabetes and Endocrinology**