

27 April 2017

To: Swindon GPs, Practice Nurses, and Practice Managers

Re: Swindon Self-Monitoring of Blood Glucose in Type 2 Diabetes Project

I am delighted to inform you that Swindon Community Diabetes Service along with the Swindon CCG Medicine Optimisation Team and support from A.MENARINI diagnostics, Ascensia and Nipro Diagnostics are due to launch the **Swindon self-monitoring of blood glucose in Type 2 Diabetes Project on the 18th May 2017 at the Holiday Inn Hotel, Swindon, SN3 6AQ, at 6.30pm.**

Self-monitoring of blood glucose can be a beneficial part of diabetes management. As part of the day to day routine, it can help with necessary life style and treatment choices, as well as help to monitor for symptoms of hypo or hyperglycaemia. Monitoring can also help to alter treatment which, in turn, can help prevent any long term complications from developing.

The objectives of the project are as following:

- To implement recently developed local guideline on self-monitoring of blood glucose in diabetes;
- To eliminate variations between Swindon GP Practices with the introduction of blood glucose monitoring for people with Type2 diabetes;
- To ensure that everyone who has been provided with a glucose meter has a structured assessment at least annually with agreed blood glucose targets, the purpose of testing, interpretation and action;
- To improve compliance with recent NICE guidelines on self-monitoring of blood glucose in Type2 diabetes and be sure that all patients who are on a Sulphonylurea and drive check their glucose level at times relevant to driving;
- To ensure that our patients are offered accurate, cost-effective glucose meters approved by the local formulary committee.

As a part of this project, the above three pharmaceutical companies, whose blood glucose meters are approved to be used in Swindon for Type2 diabetes, will send you a pack of 8 glucose meters, along with supporting materials, to be available in your practices. Later on, you can order meters from these companies, getting the contact

details from the Swindon Self-Monitoring of Blood Glucose Guideline, available via the Swindon diabetes web-site:

http://www.swindondiabetes.co.uk/wp-content/uploads/2015/09/Swindon-Self-Monitoring-of-Blood-Glucose-in-Diabetes-Guideline_-December2016_Final-ID-657434.pdf.

I am delighted to inform you that you will also be offered a one hour practice-based education on self-monitoring of blood glucose by medical representatives from these companies and explore their supporting resources on blood glucose monitoring.

I look forward to seeing representatives from each GP practice on 18th May 2017 and really hope that the project will help to further improve patient diabetes care in Swindon.

Should you have any questions, please do not hesitate to contact me.

With kind regards

**Dr Vladimir Vaks, MBBS (with Hons) PhD DSc
Consultant in Diabetes and Endocrinology
Lead Consultant in Community Diabetes**